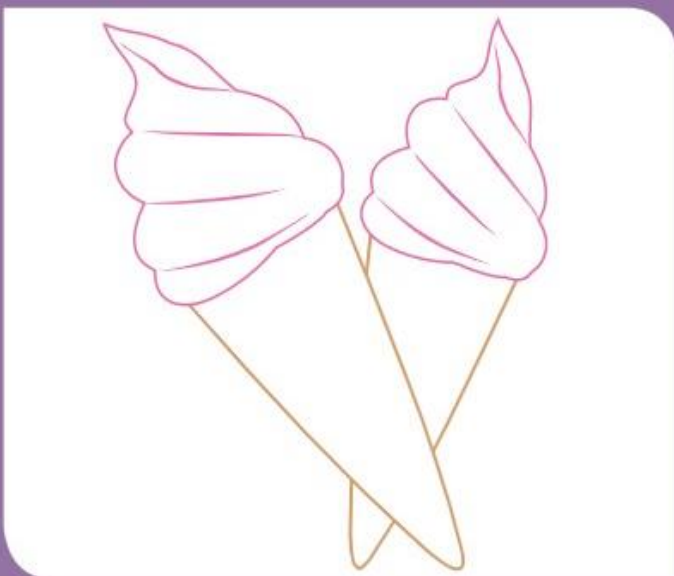
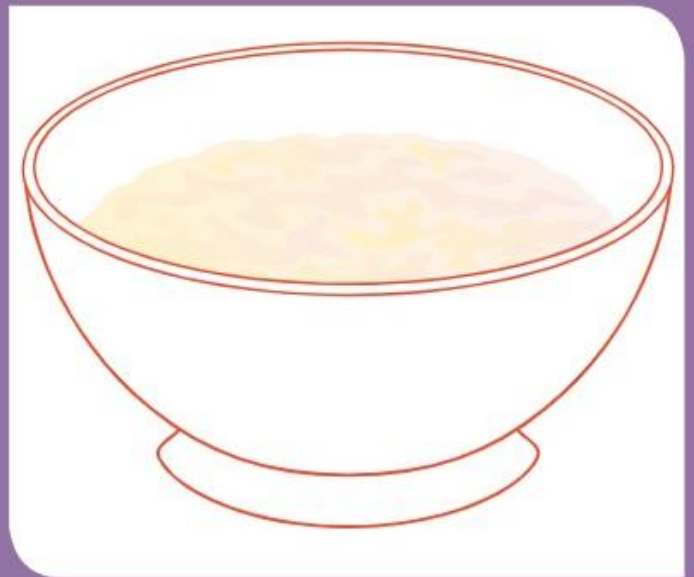
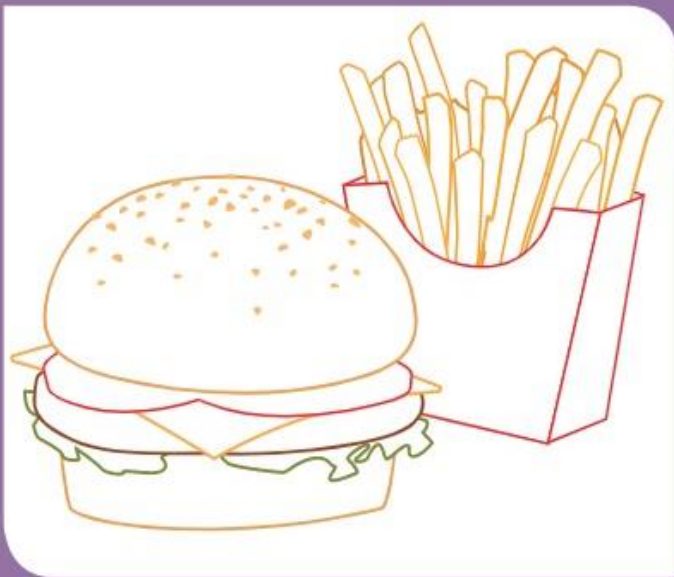
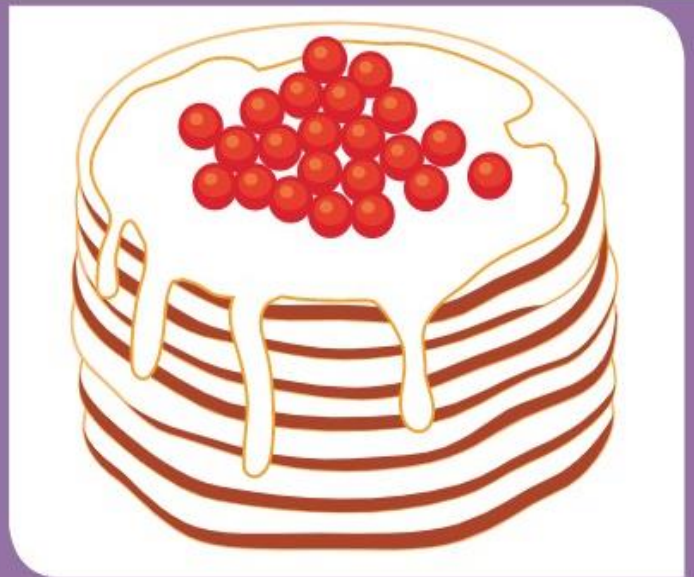
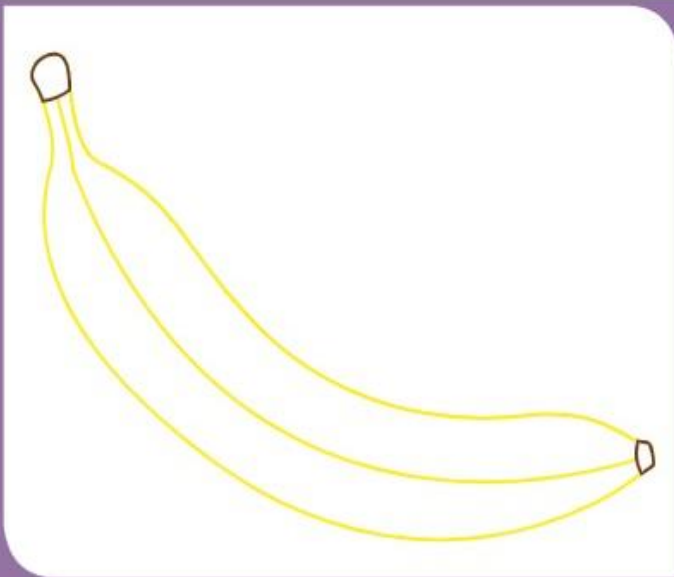


Mesi's meals

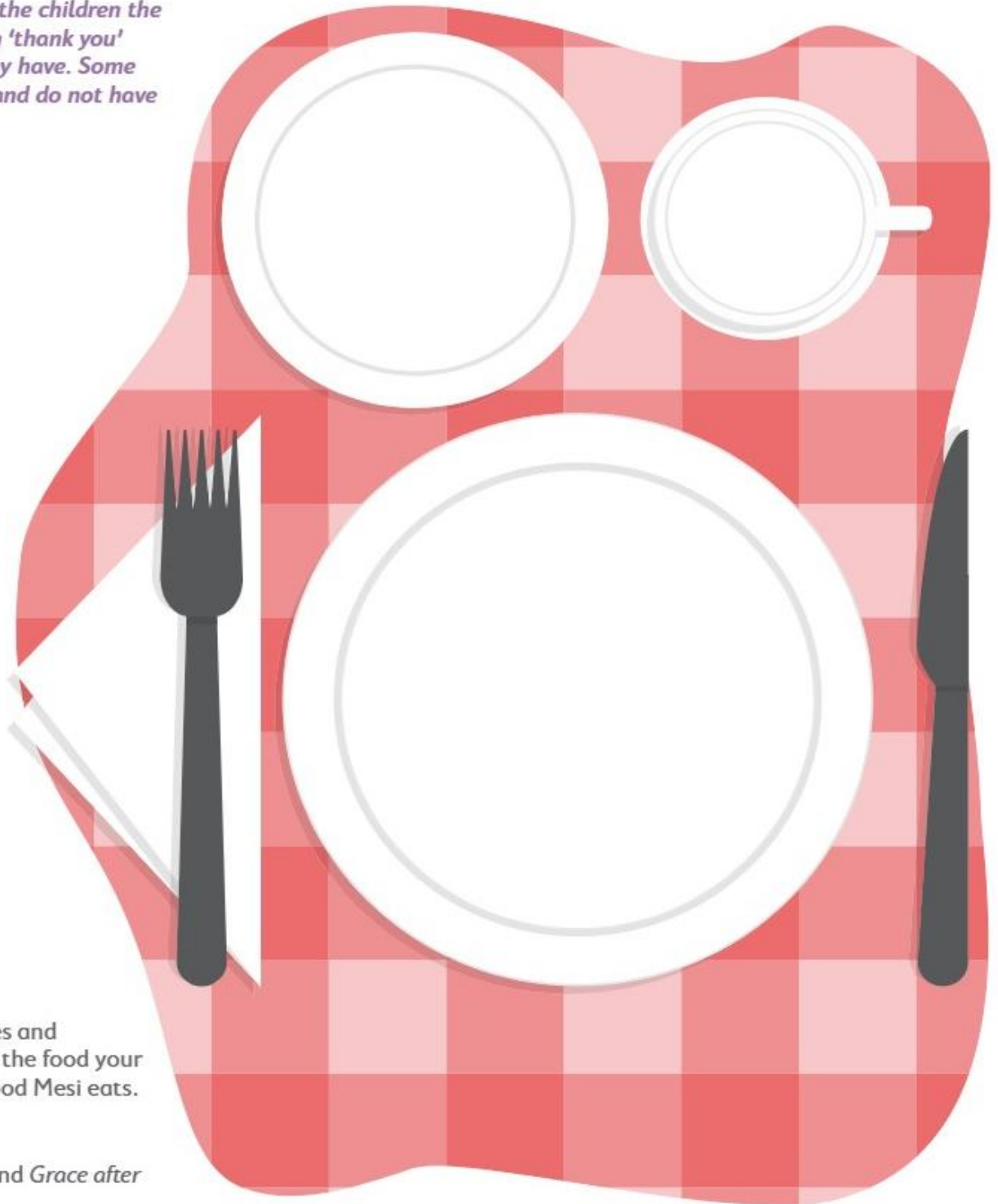
Circle and colour the food Mesi eats.



Your meals

Draw some of your favourite foods.

This week, we teach the children the importance of saying 'thank you' for the food that they have. Some families are hungry and do not have enough food to eat.



Chat Together

About the similarities and differences between the food your child likes and the food Mesi eats.

Pray Together

Grace before Meals and Grace after Meals (p.37)